

## T&F, XC and Road Race Dates

Club  
Points  
Champs  
2011

		Cross Country / Track & Field	Road / Trail / Fell			Junior		
FEBRUARY	11/02/12	Saturday	Mid Lancs Race 5 - Barrow					
	12/02/12	Sunday						
	13/02/12	Monday						
	14/02/12	Tuesday						
	15/02/12	Wednesday						
	16/02/12	Thursday						
	17/02/12	Friday						
	18/02/12	Saturday						
	19/02/12	Sunday						
	20/02/12	Monday						
	21/02/12	Tuesday						
	22/02/12	Wednesday						
	23/02/12	Thursday						
	24/02/12	Friday						
	25/02/12	Saturday	National XC - London					
	26/02/12	Sunday						
	27/02/12	Monday						
	28/02/12	Tuesday						
	29/02/12	Wednesday						
	MARCH	01/03/12	Thursday					
		02/03/12	Friday					
		03/03/12	Saturday	Mid Lancs Race 6 - Leyland				
		04/03/12	Sunday					
		05/03/12	Monday					
		06/03/12	Tuesday					
		07/03/12	Wednesday					
		08/03/12	Thursday					
		09/03/12	Friday					
10/03/12		Saturday	Inter Counties XC - Birmingham					
11/03/12		Sunday		Roddlesworth Roller	Race 3	Daffodil Duddle		
12/03/12		Monday						
13/03/12		Tuesday						
14/03/12		Wednesday						
15/03/12		Thursday						
16/03/12		Friday						
17/03/12		Saturday	English Schools XC - Ilton, Somerset					
18/03/12		Sunday						
19/03/12		Monday						
20/03/12		Tuesday						
21/03/12		Wednesday						
22/03/12		Thursday						
23/03/12		Friday						
24/03/12		Saturday						
25/03/12		Sunday						
26/03/12		Monday						
27/03/12		Tuesday						
28/03/12		Wednesday						
29/03/12		Thursday						
30/03/12		Friday						
APRIL		31/03/12	Saturday		Northern Athletics 12 & 6 Stage Road Relays - Liverpool	Race 4		
	01/04/12	Sunday						
	02/04/12	Monday						
	03/04/12	Tuesday		Bunny Run 1		Bunny Run 1		
	04/04/12	Wednesday						
	05/04/12	Thursday						
	06/04/12	Friday						
	07/04/12	Saturday		Pendle Fell Race	Race 5	Pendle FRA Junior Race 1		
	08/04/12	Sunday						
	09/04/12	Monday						
	10/04/12	Tuesday		Bunny Run 2		Bunny Run 2		
	11/04/12	Wednesday						
	12/04/12	Thursday						
	13/04/12	Friday						
	14/04/12	Saturday	Mid Lancs 1 - Blackpool	National 12 & 6 Stage Road Relays - Sutton Coldfield				
	15/04/12	Sunday						
	16/04/12	Monday						
	17/04/12	Tuesday		Bunny Run 3		Bunny Run 3		
	18/04/12	Wednesday						
	19/04/12	Thursday						
	20/04/12	Friday		Chorley Park 5K - Race 1	Race 6	Chorley Park Fun Run		
	21/04/12	Saturday		Anniversary Waltz Fell Race		Anniversary Wa1 Junior FRA Race 2		
	22/04/12	Sunday						
	23/04/12	Monday						
	24/04/12	Tuesday		Bunny Run Relay		Bunny Run Relay		
	25/04/12	Wednesday						
	26/04/12	Thursday						
	27/04/12	Friday						
28/04/12	Saturday		Three Peaks Fell Race					
29/04/12	Sunday	NJL 1 - Wirral						
30/04/12	Monday							
MAY	01/05/12	Tuesday						
	02/05/12	Wednesday		Chorley 4.4 Mile Trail Race 1	Race 7			
	03/05/12	Thursday						
	04/05/12	Friday						
	05/05/12	Saturday	Northern Seniors T&F Fix 1					
	06/05/12	Sunday	NATYAL 1					
	07/05/12	Monday					Coiners - England Trial	
	08/05/12	Tuesday						
	09/05/12	Wednesday						
	10/05/12	Thursday						
	11/05/12	Friday						
	12/05/12	Saturday	Lancs Champs Day 1					
	13/05/12	Sunday	Lancs Champs Day 2					
	14/05/12	Monday						
	15/05/12	Tuesday						
	16/05/12	Wednesday						
	17/05/12	Thursday						
	18/05/12	Friday		Chorley Park 5K - Race 2	Race 6	Chorley Park Fun Run		
	19/05/12	Saturday						
	20/05/12	Sunday	NATYAL 2					
	21/05/12	Monday						
	22/05/12	Tuesday						
	23/05/12	Wednesday						
	24/05/12	Thursday						
	25/05/12	Friday						
	26/05/12	Saturday	Northern Seniors T&F Fix 2				Cowpe FRA Junior Race 3	
	27/05/12	Sunday						
	28/05/12	Monday						
	29/05/12	Tuesday						
	30/05/12	Wednesday						
	31/05/12	Thursday						

## T&F, XC and Road Race Dates

		Club Points Champs 2011				
		Cross Country / Track & Field	Road / Trail / Fell	Junior		
JUNE	01/06/12	Friday				
	02/06/12	Saturday	Mid Lincs 2 - Witton	Euro Mountain Trials - details TBC		
	02/06/12	Saturday	EA/Northern Seniors Day 1			
	03/06/12	Sunday	EA/Northern Seniors Day 2			
	04/06/12	Monday	EA/Northern Seniors Day 3			
	05/06/12	Tuesday				
	06/06/12	Wednesday	Witton Open Meeting - TBC	Chorley 4.4 Mile Trail Race 1	Race 7	
	07/06/12	Thursday				
	08/06/12	Friday				
	09/06/12	Saturday				
	10/06/12	Sunday				
	11/06/12	Monday				
	12/06/12	Tuesday				
	13/06/12	Wednesday				
	14/06/12	Thursday				
	15/06/12	Friday				
	16/06/12	Saturday	Lancs Schools T&F Champs			
	17/06/12	Sunday	NATYAL 3			
	18/06/12	Monday				
	19/06/12	Tuesday				
	20/06/12	Wednesday				
	21/06/12	Thursday		Aggie's Staircase	Race 8	
	22/06/12	Friday		Chorley Park 5K - Race 3	Race 6	Chorley Park Fun Run
	23/06/12	Saturday	Mid Lincs 3 - Hyndburn			Clougha Pike FRA Junior Race 4
24/06/12	Sunday	NJL 2 - Preston				
25/06/12	Monday					
26/06/12	Tuesday					
27/06/12	Wednesday					
28/06/12	Thursday					
29/06/12	Friday					
30/06/12	Saturday					
JULY	01/07/12	Sunday	Northern Seniors T&F Fix 3		Hawkswick FRA Junior Race 5	
	02/07/12	Monday				
	03/07/12	Tuesday				
	04/07/12	Wednesday		Chorley 4.4 Mile Trail Race 1	Race 7	
	05/07/12	Thursday				
	06/07/12	Friday	ES T&F Champs	Chorley Park 5K - Race 4	Race 6	Chorley Park Fun Run
	07/07/12	Saturday	ES T&F Champs			
	08/07/12	Sunday				
	09/07/12	Monday				
	10/07/12	Tuesday				
	11/07/12	Wednesday				
	12/07/12	Thursday				
	13/07/12	Friday				
	14/07/12	Saturday	Northern Juniors Day 1			Sedbergh FRA Junior Race 6 and Uphill Champs
	15/07/12	Sunday	Northern Juniors Day 2			
	16/07/12	Monday				
	17/07/12	Tuesday				
	18/07/12	Wednesday				
	19/07/12	Thursday				
	20/07/12	Friday				
	21/07/12	Saturday	Mid Lincs 4 - Lancaster			
	22/07/12	Sunday	NJL 3 - Preston			
	23/07/12	Monday				
	24/07/12	Tuesday				
25/07/12	Wednesday					
26/07/12	Thursday					
27/07/12	Friday					
28/07/12	Saturday					
29/07/12	Sunday					
30/07/12	Monday					
AUGUST	31/07/12	Tuesday				
	01/08/12	Wednesday		Chorley 4.4 Mile Trail Race 1	Race 7	
	02/08/12	Thursday				
	03/08/12	Friday				
	04/08/12	Saturday		World Mountain Running Trials - details TBC		
	05/08/12	Sunday	Northern Seniors T&F Fix 4			
	06/08/12	Monday				
	07/08/12	Tuesday				
	08/08/12	Wednesday				
	09/08/12	Thursday				
	10/08/12	Friday				
	11/08/12	Saturday	Mid Lincs 5 - Preston			
	12/08/12	Sunday	NJL 4 - Deeside			
	13/08/12	Monday				
	14/08/12	Tuesday				
	15/08/12	Wednesday				
	16/08/12	Thursday				
	17/08/12	Friday				
	18/08/12	Saturday				
	19/08/12	Sunday				
	20/08/12	Monday				
	21/08/12	Tuesday				
	22/08/12	Wednesday				
	23/08/12	Thursday				
24/08/12	Friday					
25/08/12	Saturday	Mid Lincs Medals - Blackpool				
26/08/12	Sunday					
27/08/12	Monday					
28/08/12	Tuesday					
29/08/12	Wednesday					
30/08/12	Thursday					
SEPTEMBER	31/08/12	Friday				
	01/09/12	Saturday				
	02/09/12	Sunday				