

Blackburn Harriers & Athletic Club
In conjunction with Roefield Leisure Centre, present the

RIBBLE VALLEY

10k

Road race

Sponsored by

forbessolicitors.

Sunday 28th December 2008 - - - 1100am Start

Roefield Leisure Centre, Edisford Bridge, CLITHEROE

UKA Permit No. 10971

T-Shirts to ALL race finishers

TRAFFIC FREE - Classic, fast, scenic course - Results on the Day - Race limit 1500

Prizes Supported By SWEATSHOP Chorley

New Course Record - Bonus Prize £150.00^{cash}

Current Female record Helen Clitheroe 32.20

Current Male record Tomas Abyu 29.33

1st Man £150.00 cash

1st Woman £150.00 cash

2nd - 10th men 75 & 50(cash) 30,25,15,10,10,10,10

2nd - 5th women 75,50(cash)15,10,

1st 2 teams (3 to count) - £10 x 3

1st 2 teams (3 to count) - £10 x 3

1st Vet team (3 to count) - £10 x 3

1st Vet team (3 to count) - £10 x 3

1st 3 Jnr Males (u18) - £15,10,5

1st 3 Jnr Females (u18) - £15,10,5

1st 3 Male vets - V40 - V45 - V50 = £20, £15, £10

1st 3 Female vets - V35 - V40 - V45 = £20, £15, £10 - V50 = £10

1st Male & Female vet V55 - V60 - V65 - V70 = £10

Entry Fee:- £8.00 (affiliated) / £10.00 (unattached) By 15th December 2008 - - - £2.00 Extra On the Day

Cheques & P.O Payable to 'Blackburn Harriers & A.C.' to: Race Secretary. 185 Shorrock Lane, Blackburn. LANCS. BB2 4TT

Please enclose a S.A.E. For race number & map (otherwise collect on the day) - For further race information go to www.ukresults.net

Surname:

First Name:

Male / Female (delete as applicable)

AGE (on day of Race):

* Min age restriction of 15 applies

Address:

Club:

NoEAA No.

Fee Enclosed = Attached _____

Unattached _____

Declaration: Please enter me for the above event for which I enclose the appropriate fee. I am an amateur as defined by UK Athletics and agree to abide by their rules. I am medically fit and understand the organisers will not be held responsible for any injury, loss or illness caused to me during or as a result of the race or for any property lost or damaged during the event (Parental consent is required if applicant is under 18 years of age). Data protection: If you do not wish any details to be passed onto a third party tick the Data Act box below - **if you would like to be included on the sweatshop mailing list please insert your email address here**

Signed:

Date:

Data Act