

Position	Actual Time	Race No	Surname	First Name	Club Name
1	00:36:37	186	Brindle	Paul	Blackburn Har
2	00:37:17	183	Simpson	Matt	Blackburn RR
3	00:37:22	178	Jones	Richard	Garstang RC
4	00:37:59	189	Finney	Jonathan	Blackburn RR
5	00:38:45	290	Brown	Jo	Newquay RR
6	00:39:39	286	Nelson	Joanne	Blackburn Har
7	00:39:44	200	Redmayne	Ben	
8	00:39:52	182	Cruse	Peter	Wesham RR
9	00:40:37	277	Pollitt	Martyn	Burnden RR
10	00:40:53	284	Sole	Kelvin	Blackburn RR
11	00:41:45	319	Matthews	Ben	
12	00:42:13	308	Greenwood	Scott	
13	00:42:42	285	Fowler	Kenneth	Bolton Harrier:
14	00:42:48	288	Blagden	Jason	Wesham RR
15	00:42:52	289	Booth	Erica	Horwich RMI
16	00:43:18	181	Wright	Bev	Blackpool Wyr
17	00:44:50	306	Galley	Matthew	
18	00:44:56	276	Baxter	Neil	Skyrac
19	00:45:01	185	Moss	Terry	
20	00:45:13	197	Morgan	Jayne	Vegan Runner:
21	00:45:14	184	Wardle	James	
22	00:45:19	194	Thompson	Stuart	Bingley Harrie
23	00:45:55	192	Derham	Matthew	
24	00:46:44	318	Smithers	Ben	Fylde Coast Ru
25	00:46:51	283	Jowett	Trevor	Blackburn RR
26	00:47:25	278	Kneale	Isaline	Burnden RR
27	00:47:44	280	Longson	Mark	Fylde Coast Rt
28	00:47:45	297	Anderson	Mike	
29	00:47:45	296	Dixon	Jack	
30	00:47:59	179	Hoyer	Kath	Wesham RR
31	00:48:14	303	Dunn	Sam	
32	00:48:38	304	Pollock	Shaun	
33	00:48:45	293	Lamb	Christine	
34	00:49:04	315	Openshaw	Russell	
35	00:50:21	292	Haggis	Robert	
36	00:50:28	188	Miller	Frank	Garstang RC
37	00:50:49	291	Clifton	Ted	
38	00:50:56	314	Flaherty	Carl	
39	00:51:03	305	Ennis	Andrew	
40	00:51:14	180	Grady	Anthony	Blackburn RR
41	00:51:36	312	Stuttard	Chris	
42	00:51:39	301	Atherton	David	
43	00:51:46	191	Dobson	Mark	Wesham RR
44	00:52:11	300	Leyland	Mike	
45	00:52:18	313	Harnick	Andrew	
46	00:52:59	187	McNamara	Elaine	
47	00:53:04	302	Leyland	Catherine	
48	00:53:05	311	Carmichael	Duncan	
49	00:54:56	299	Salter	Rachel	
50	00:59:14	298	Roberts	Maureen	Lancaster Run
51	01:00:19	198	Kingshott	Paul	
52	01:07:19	196	Roberts	Elliw	

53	01:07:20	195 Vanderpump	Henry
54	01:23:06	199 Fletcher	Nin

Category	Sex
V45	M
	M
	M
	M
V45	M
V45	F
	M
V50	M
V55	M
	M
	M
V60	M
V45	M
V35	F
V55	F
	M
V40	M
V40	M
V40	M
V50	M
V65	M
	M
Inners	M
V45	M
V50	F
V50	M
	M
	M
V55	F
	M
	M
V50	F
V40	M
	M
V65	M
	M
V40	M
	M
V50	M
V40	M
V55	M
V50	M
	M
V40	M
V45	F
V35	F
V40	M
	F
V60	F
V40	M
	F

V35

M  
F