

**Lancashire AA, Lancashire Schools AA & Hyndburn AC**

PRESENT their 2019 COMBINED EVENTS CHAMPIONSHIPS & Open CE meeting

UNDER UKA RULES – Licence: **OUT 10/147**

Venue:- Wilson Playing Field, Clayton-Le-Moors BB5 5SD  
6<sup>th</sup> & 7<sup>th</sup> APRIL 2019

**Lancashire AA/Open Events, held under UKA Rules:-**

**Under 13, 15, 17, 20 & SENIOR MALES & FEMALES**

Gold, Silver & Bronze MEDALS AWARDED to FIRST THREE in EACH CATEGORY

**Lancashire Schools AA Events, held under English Schools AA Rules:-**

**JB/JG (Y8&9), IB/IG (Y10&11), SB/SG (Y12&13)**

**Hyndburn AC Open Events, held under UKA Rules:-**

**Quadrathlon for School Years 3, 4, 5, 6, 7 & 8**

Medals Awarded to all Quadrathlon competitors

All AGES are as at 31<sup>st</sup> August 2019

SATURDAY 6<sup>th</sup> for the under 13 & 15 BOYS PENTATHLON, YEAR 7&8 BOYS QUADRATHLON

SUNDAY 7<sup>th</sup> for the under 13 & 15 GIRLS PENTATHLON, YEAR 7&8 GIRLS QUADRATHLON

BOTH DAYS for the under 17 MENS OCTATHLON

BOTH DAYS for the under 17 WOMENS HEPTATHLON

BOTH DAYS for the under 20 & Senior Men DECATHLON

BOTH DAYS for the under 20 & Senior Women HEPTATHLON

YEAR 3, 4, 5 & 6 GIRLS & BOYS QUADRATHLON will take place on Saturday 6<sup>th</sup> & Sunday 7<sup>th</sup>

Quadrathlon Athletes can only compete on one of the days

Pentathlon events are:- Hurdles, High Jump, Shot, Long Jump, 800m.

Heptathlon events are:- Hurdles, High Jump, Shot, 200m, Long Jump, Javelin, 800m.

Octathlon events are:- Long Jump, Discus, Javelin, 400m, Hurdles, High Jump, Shot, 1500m.

Decathlon events are:- 100m, Long Jump, Shot, High Jump, 400m, Hurdles, Discus, Pole Vault, Javelin, 1500m.

Quadrathlon Events for Y 3 & 4 are:- 50m, Mini Vortex Howler Throw Turbo, Standing Long Jump & 400m

Quadrathlon Events for Y 5 & 6 are:- 75m, Vortex Howler Throw, Standing Long Jump & 600m

Quadrathlon Events for Y 7 & 8 are:- 100m, Turbo Javelin, Long Jump and 800m

\*\*\*\* ATHLETES MUST REPORT BY 9.45am EACH DAY \*\*\*\*

Send the completed Entry Form by Saturday 31<sup>st</sup> MARCH 2019 to:-

Combined Events Entry, 509 Blackburn Road, West End Oswaldtwistle, Lancashire BB5 4LP

Entry Fee - Pentathlon £13 - Heptathlon £18 - Octathlon £20 - Decathlon £25 –

Quadrathlon £10

Payable to Hyndburn Athletic Club

(LATE ENTRIES or Entries on the Day £4 Extra )

**Lancashire Schools CE Championship Entries Only are FREE all other Events Fees are as shown on form**

Athletes may enter both the Lancashire Schools CE (if Applicable)

&

EITHER the Lancashire AA Combined Events OR the Open Combined Events (as Applicable)

When confirmed **TIMETABLE** will be available on [www.lancsaa.co.uk](http://www.lancsaa.co.uk) or [www.lancshireschoolsaa.co.uk](http://www.lancshireschoolsaa.co.uk)

